

Glasrikets Running Club - Klubbmästerskap Triathlon 2017-06-13, Rismålagöl

1/3-dels Olympisk distans		SIMNING		CYKLING				LÖPNING				Plac	Antal
Plac	Startande	Start	In Trans 1	Ut Trans 1			In Trans 2	Ut Trans 2			Målgång	Plac	Antal
3	Carola Axelsson	0:00:00	0:09:43	0:10:30			0:33:16	0:33:41			0:52:03	3	1
1	Henrik Håkansson	0:00:00	0:09:58	0:10:53			0:34:11	0:34:38			0:47:51	1	1
5	Maria Idosdotter	0:00:00	0:15:13	0:16:44			0:43:50	0:44:12			1:01:37	5	1
2	Tomas Hästbacka	0:00:00	0:11:30	0:12:56			0:35:30	0:36:13			0:50:52	2	1
4	Elin Gruvhagen	0:00:00	0:10:31	0:13:07			0:38:00	0:38:12			0:53:23	4	1
2	Helena Jonsson Sjöqvist	0:00:00	0:09:06	0:10:18			0:35:30	0:36:01			0:51:27	2	1
6	Mikael Johansson	0:00:00	0:10:31	0:12:56			0:41:42	0:42:48			0:58:01	6	1
3	Thed Franzen	0:00:00	0:10:28	0:12:20			0:35:30	0:36:08			0:51:41	3	1
1	Åsa Franzen	0:00:00	0:09:52	0:10:54			0:34:11	0:34:30			0:50:19	1	1
5	Janne Arvidsson	0:00:00	0:12:20	0:13:55			0:38:00	0:38:56			0:56:28	5	1
8	Yngve Frederich	0:00:00	0:13:55	0:16:29			0:41:12	0:41:57			1:01:57	8	1
4	Krister Häll	0:00:00	0:10:32	0:13:08			0:38:00	0:39:02			0:54:34	4	1
7	Lars-Olof Lundquist	0:00:00	0:13:37	0:14:39			0:41:22	0:42:08			0:58:52	7	1

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Olympisk distans		SIMNING		CYKLING				LÖPNING				Plac	Antal
Plac	Startande	Start	In Trans 1	Ut Trans 1	Varv 1	Varv 2	In Trans 2	Ut Trans 2	Varv 1	Varv 2	Målgång	Plac	Antal
1	Lena Jakobsson	0:00:00	0:33:03	0:34:17	0:55:47	1:17:51	1:40:21	1:41:00	1:56:14	2:11:45	2:27:34	1	1
2	Elin Lundqvist	0:00:00	0:36:25	0:38:36	1:03:39	1:29:38	1:55:42	1:56:50	2:16:28	2:39:34	3:05:38	2	1
5	Markus Andersson	0:00:00	0:27:20	0:30:20	0:54:39	1:20:14	1:46:55	1:47:04	2:00:01	2:12:45	2:25:29	5	1
4	Martin Wandér	0:00:00	0:28:44	0:29:42	0:51:55	1:14:00	1:36:25	1:36:43	1:53:09	2:09:39	2:25:18	4	1
7	Jonas Emilsson	0:00:00	0:35:35	0:36:57	0:58:39	1:21:05	1:43:26	1:44:50	1:59:40	2:15:28	2:31:04	7	1
6	Jörgen Helmersson	0:00:00	0:29:57	0:31:42	0:54:41	1:17:29	1:40:21	1:40:57	1:56:37	2:12:48	2:29:00	6	1
11	Tommy Johansson	0:00:00	0:43:21	0:46:00	1:11:01	1:35:50	2:01:18	2:02:25	2:19:30	2:37:07	2:56:00	11	1
1	Stefan Löfhede	0:00:00	0:24:26	0:25:38	0:47:04	1:08:51	1:31:11	1:31:49	1:44:25	1:57:30	2:11:11	1	1
8	Kenth Appelquist	0:00:00	0:31:04	0:33:00	0:57:01	1:21:30	1:45:09	1:46:03	2:01:24	2:17:25	2:33:23	8	1
3	Mattis Petersson	0:00:00	0:28:38	0:30:20	0:51:57	1:13:36	1:35:27	1:35:50	1:49:51	2:03:48	2:17:43	3	1
9	Pär Mattsson	0:00:00	0:27:12	0:28:21	0:51:05	1:14:16	1:37:16	1:38:25	1:56:19	2:14:48	2:33:39	9	1
2	Stefan Thorwaldsson	0:00:00	0:24:11	0:25:11	0:46:30	1:07:53	1:30:03	1:30:27	1:44:08	1:58:43	2:14:17	2	1
10	Joakim Fröjd	0:00:00	0:30:48	0:32:08	0:55:47	1:20:43	1:45:11	1:45:54	2:04:13	2:22:23	2:39:34	10	1

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**Delmoment**

	Simning		Trans 1	CYKLING				Trans 2	LÖPNING				Totalt
Carola Axelsson	00:09:43		00:00:47				00:22:46	00:00:25				00:18:22	00:52:03
Henrik Håkansson	00:09:58		00:00:55				00:23:18	00:00:27				00:13:13	00:47:51
Maria Idosdotter	00:15:13		00:01:31				00:27:06	00:00:22				00:17:25	01:01:37
Tomas Hästbacka	00:11:30		00:01:26				00:22:34	00:00:43				00:14:39	00:50:52
Elin Gruvhagen	00:10:31		00:02:36				00:24:53	00:00:12				00:15:11	00:53:23
Helena Jonsson Sjöqvist	00:09:06		00:01:12				00:25:12	00:00:31				00:15:26	00:51:27
Mikael Johansson	00:10:31		00:02:25				00:28:46	00:01:06				00:15:13	00:58:01
Thed Franzen	00:10:28		00:01:52				00:23:10	00:00:38				00:15:33	00:51:41
Åsa Franzen	00:09:52		00:01:02				00:23:17	00:00:19				00:15:49	00:50:19
Janne Arvidsson	00:12:20		00:01:35				00:24:05	00:00:56				00:17:32	00:56:28
Yngve Frederich	00:13:55		00:02:34				00:24:43	00:00:45				00:20:00	01:01:57
Krister Häll	00:10:32		00:02:36				00:24:52	00:01:02				00:15:32	00:54:34
Lars-Olof Lundquist	00:13:37		00:01:02				00:26:43	00:00:46				00:16:44	00:58:52
0	00:00:00		00:00:00				00:00:00	00:00:00				00:00:00	00:00:00

**Delmoment**

	Simning		Trans 1	CYKLING				Trans 2	LÖPNING				Totalt
	Varv 1	Tot		Varv 1	Varv 2	Varv 3	Tot		Varv 1	Varv 2	Varv 3	Tot	
Lena Jakobsson	00:33:03	00:33:03	00:01:14	00:21:30	00:22:04	00:22:30	01:06:04	00:00:39	00:15:14	00:15:31	00:15:49	00:46:34	02:27:34
Elin Lundqvist	00:36:25	00:36:25	00:02:11	00:25:03	00:25:59	00:26:04	01:17:06	00:01:08	00:19:38	00:23:06	00:26:04	01:08:48	03:05:38
Markus Andersson	00:27:20	00:27:20	00:03:00	00:24:19	00:25:35	00:26:41	01:16:35	00:00:09	00:12:57	00:12:44	00:12:44	00:38:25	02:25:29
Martin Wandér	00:28:44	00:28:44	00:00:58	00:22:13	00:22:05	00:22:25	01:06:43	00:00:18	00:16:26	00:16:30	00:15:39	00:48:35	02:25:18
Jonas Emilsson	00:35:35	00:35:35	00:01:22	00:21:42	00:22:26	00:22:21	01:06:29	00:01:24	00:14:50	00:15:48	00:15:36	00:46:14	02:31:04
Jörgen Helmersson	00:29:57	00:29:57	00:01:45	00:22:59	00:22:48	00:22:52	01:08:39	00:00:36	00:15:40	00:16:11	00:16:12	00:48:03	02:29:00
Tommy Johansson	00:43:21	00:43:21	00:02:39	00:25:01	00:24:49	00:25:28	01:15:18	00:01:07	00:17:05	00:17:37	00:18:53	00:53:35	02:56:00
Stefan Löfhede	00:24:26	00:24:26	00:01:12	00:21:26	00:21:47	00:22:20	01:05:33	00:00:38	00:12:36	00:13:05	00:13:41	00:39:22	02:11:11
Kenth Appelquist	00:31:04	00:31:04	00:01:56	00:24:01	00:24:29	00:23:39	01:12:09	00:00:54	00:15:21	00:16:01	00:15:58	00:47:20	02:33:23
Mattis Petersson	00:28:38	00:28:38	00:01:42	00:21:37	00:21:39	00:21:51	01:05:07	00:00:23	00:14:01	00:13:57	00:13:55	00:41:53	02:17:43
Pär Mattsson	00:27:12	00:27:12	00:01:09	00:22:44	00:23:11	00:23:00	01:08:55	00:01:09	00:17:54	00:18:29	00:18:51	00:55:14	02:33:39
Stefan Thorwaldsson	00:24:11	00:24:11	00:01:00	00:21:19	00:21:23	00:22:10	01:04:52	00:00:24	00:13:41	00:14:35	00:15:34	00:43:50	02:14:17
Joakim Fröjd	00:30:48	00:30:48	00:01:20	00:23:39	00:24:56	00:24:28	01:13:03	00:00:43	00:18:19	00:18:10	00:17:11	00:53:40	02:39:34