

Glasrikets Running Club - Klubbmästerskap Triathlon 2012-07-01, Rismålagöl

1/3-dels Olympisk distans

| Nr | Startande | SIMNING | | | | CYKLING | | | | LÖPNING | | | | Målgång | Placering |
|----|---------------------|---------|--|------------|------------|---------|--|------------|------------|---------|--|--|----------|---------|-----------|
| | | Start | | In Trans 1 | Ut Trans 1 | | | In Trans 2 | Ut Trans 2 | | | | | | |
| 1 | Ewa Johnsson | 9:00:00 | | | 9:12:30 | 9:13:49 | | | 9:38:54 | 9:39:11 | | | 9:54:03 | 1 | |
| 2 | Terese Warme | 9:00:00 | | | 9:12:10 | 9:12:45 | | | 9:38:54 | 9:39:30 | | | 9:57:09 | 2 | |
| 3 | Sofia Grimhusen | 9:00:00 | | | 9:14:55 | 9:17:21 | | | 9:48:04 | 9:49:19 | | | 10:08:30 | 3 | |
| 4 | | | | | | | | | | | | | | | |
| 5 | Torsten Kämpfer | 9:00:00 | | | 9:13:41 | 9:15:30 | | | 9:40:20 | 9:41:10 | | | 9:58:11 | 4 | |
| 6 | Henrik Petersson | 9:00:00 | | | 9:15:30 | 9:18:40 | | | 9:44:34 | 9:44:58 | | | 10:00:38 | 5 | |
| 7 | Pelle Leek | 9:00:00 | | | 9:13:31 | 9:15:09 | | | 9:40:58 | 9:41:45 | | | 9:56:47 | 3 | |
| 8 | Henrik Täck | 9:00:00 | | | 9:12:45 | 9:14:25 | | | 9:36:38 | 9:37:32 | | | 9:51:53 | 1 | |
| 9 | Lars-Olof Lundqvist | 9:00:00 | | | 9:15:19 | 9:16:05 | | | 9:40:17 | 9:40:58 | | | 9:55:29 | 2 | |

Olympisk distans

| Nr | Startande | SIMNING | | | | CYKLING | | | | LÖPNING | | | | Målgång | Placering |
|----|---------------------|---------|--------|--------|------------|------------|----------|----------|------------|------------|----------|----------|----------|---------|-----------|
| | | Start | Varv 1 | Varv 2 | In Trans 1 | Ut Trans 1 | Varv 1 | Varv 2 | In Trans 2 | Ut Trans 2 | Varv 1 | Varv 2 | | | |
| 10 | Julia Lundqvist | 9:00:00 | | | 9:31:10 | 9:32:20 | 9:59:24 | 10:25:48 | 10:52:40 | 10:53:40 | 11:09:00 | 11:25:15 | 11:41:22 | 2 | |
| 11 | Lena Jacobsson | 9:00:00 | | | 9:37:26 | 9:38:45 | 10:02:38 | 10:27:00 | 10:52:27 | 10:53:27 | 11:08:00 | 11:23:15 | 11:39:14 | 1 | |
| 12 | Helena Jonsson | 9:00:00 | | | 9:32:55 | 9:34:44 | 10:01:20 | 10:27:50 | 10:55:13 | 10:57:00 | 11:12:04 | 11:27:30 | 11:42:15 | 3 | |
| 13 | Maria Henningsson | 9:00:00 | | | 9:30:41 | 9:32:18 | 9:59:33 | 10:26:28 | 10:53:18 | 10:54:45 | 11:12:25 | 11:30:10 | 11:47:45 | 4 | |
| 14 | | | | | | | | | | | | | | | |
| 15 | Stefan Thorwaldsson | 9:00:00 | | | 9:25:55 | 9:27:10 | 9:48:40 | 10:10:01 | 10:31:34 | 10:32:08 | 10:45:48 | 10:59:49 | 11:13:45 | 2 | |
| 16 | Leif Engelholm | 9:00:00 | | | 9:37:50 | 9:40:00 | 10:04:00 | 10:28:00 | 10:52:40 | 10:53:35 | 11:09:00 | 11:25:15 | 11:41:24 | 6 | |
| 17 | Patric Karlsson | 9:00:00 | | | 9:25:52 | 9:27:44 | 9:52:55 | 10:18:21 | 10:44:31 | 10:45:31 | 11:04:22 | 11:23:54 | 11:44:11 | 7 | |
| 18 | Andreas Nilsson | 9:00:00 | | | 9:27:01 | 9:27:44 | 9:50:12 | 10:13:05 | 10:36:14 | 10:36:38 | 10:49:26 | 11:02:20 | 11:15:06 | 3 | |
| 19 | Johannes Persson | 9:00:00 | | | 9:31:00 | 9:31:50 | 9:54:30 | 10:16:25 | 10:39:23 | 10:40:14 | 10:54:47 | 11:07:36 | 11:21:52 | 5 | |
| 20 | Martin Alriksson | 9:00:00 | | | 9:27:26 | 9:28:35 | 9:49:36 | 10:09:59 | 10:30:24 | 10:31:10 | 10:44:14 | 10:57:43 | 11:11:20 | 1 | |
| 21 | Henrik Blad | 9:00:00 | | | 9:31:12 | 9:32:06 | 9:53:30 | 10:14:40 | 10:36:09 | 10:36:55 | 10:50:05 | 11:03:08 | 11:16:00 | 4 | |

Glasrikets Runnin

| | | Delmoment | | | | | | | | | | | | | | |
|---------------------------|---------------------|-----------|----------|--|--|---------|----------|----------|--|--|----------|----------|--|--|--|--------|
| 1/3-dels Olympisk distans | | Simning | | | | Trans 1 | CYKLING | | | | Trans 2 | LÖPNING | | | | Totalt |
| Nr | Startande | | | | | | | | | | | | | | | |
| 1 | Ewa Johnsson | 00:12:30 | 00:01:19 | | | | 00:25:05 | 00:00:17 | | | 00:14:52 | 00:54:03 | | | | |
| 2 | Terese Warme | 00:12:10 | 00:00:35 | | | | 00:26:09 | 00:00:36 | | | 00:17:39 | 00:57:09 | | | | |
| 3 | Sofia Grimhusen | 00:14:55 | 00:02:26 | | | | 00:30:43 | 00:01:15 | | | 00:19:11 | 01:08:30 | | | | |
| 4 | | | | | | | | | | | | | | | | |
| 5 | Torsten Kämpfer | 00:13:41 | 00:01:49 | | | | 00:24:50 | 00:00:50 | | | 00:17:01 | 00:58:11 | | | | |
| 6 | Henrik Petersson | 00:15:30 | 00:03:10 | | | | 00:25:54 | 00:00:24 | | | 00:15:40 | 01:00:38 | | | | |
| 7 | Pelle Leek | 00:13:31 | 00:01:38 | | | | 00:25:49 | 00:00:47 | | | 00:15:02 | 00:56:47 | | | | |
| 8 | Henrik Täck | 00:12:45 | 00:01:40 | | | | 00:22:13 | 00:00:54 | | | 00:14:21 | 00:51:53 | | | | |
| 9 | Lars-Olof Lundqvist | 00:15:19 | 00:00:46 | | | | 00:24:12 | 00:00:41 | | | 00:14:31 | 00:55:29 | | | | |

| | | Delmoment | | | | | | | | | | | | | | |
|------------------|---------------------|-----------|---------|---------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| Olympisk distans | | Simning | | | | Trans 1 | CYKLING | | | | Trans 2 | LÖPNING | | | | Totalt |
| Startande | Varv 1 | Varv 2 | Varv 3 | Tot | | Varv 1 | Varv 2 | Varv 3 | Tot | | Varv 1 | Varv 2 | Varv 3 | Tot | Totalt | |
| 10 | Julia Lundqvist | 15:00:00 | 0:00:00 | 9:31:10 | 00:31:10 | 00:01:10 | 00:27:04 | 00:26:24 | 00:26:52 | 01:20:20 | 00:01:00 | 00:15:20 | 00:16:15 | 00:16:07 | 00:47:42 | 02:41:22 |
| 11 | Lena Jacobsson | 15:00:00 | 0:00:00 | 9:37:26 | 00:37:26 | 00:01:19 | 00:23:53 | 00:24:22 | 00:25:27 | 01:13:42 | 00:01:00 | 00:14:33 | 00:15:15 | 00:15:59 | 00:45:47 | 02:39:14 |
| 12 | Helena Jonsson | 15:00:00 | 0:00:00 | 9:32:55 | 00:32:55 | 00:01:49 | 00:26:36 | 00:26:30 | 00:27:23 | 01:20:29 | 00:01:47 | 00:15:04 | 00:15:26 | 00:14:45 | 00:45:15 | 02:42:15 |
| 13 | Maria Henningsson | 15:00:00 | 0:00:00 | 9:30:41 | 00:30:41 | 00:01:37 | 00:27:15 | 00:26:55 | 00:26:50 | 01:21:00 | 00:01:27 | 00:17:40 | 00:17:45 | 00:17:35 | 00:53:00 | 02:47:45 |
| 14 | | | | | | | | | | | | | | | | |
| 15 | Stefan Thorwaldsson | 15:00:00 | 0:00:00 | 9:25:55 | 00:25:55 | 00:01:15 | 00:21:30 | 00:21:21 | 00:21:33 | 01:04:24 | 00:00:34 | 00:13:40 | 00:14:01 | 00:13:56 | 00:41:37 | 02:13:45 |
| 16 | Leif Engelholm | 15:00:00 | 0:00:00 | 9:37:50 | 00:37:50 | 00:02:10 | 00:24:00 | 00:24:00 | 00:24:40 | 01:12:40 | 00:00:55 | 00:15:25 | 00:16:15 | 00:16:09 | 00:47:49 | 02:41:24 |
| 17 | Patric Karlsson | 15:00:00 | 0:00:00 | 9:25:52 | 00:25:52 | 00:01:52 | 00:25:11 | 00:25:26 | 00:26:10 | 01:16:47 | 00:01:00 | 00:18:51 | 00:19:32 | 00:20:17 | 00:58:40 | 02:44:11 |
| 18 | Andreas Nilsson | 15:00:00 | 0:00:00 | 9:27:01 | 00:27:01 | 00:00:43 | 00:22:28 | 00:22:53 | 00:23:09 | 01:08:30 | 00:00:24 | 00:12:48 | 00:12:54 | 00:12:46 | 00:38:28 | 02:15:06 |
| 19 | Johannes Persson | 15:00:00 | 0:00:00 | 9:31:00 | 00:31:00 | 00:00:50 | 00:22:40 | 00:21:55 | 00:22:58 | 01:07:33 | 00:00:51 | 00:14:33 | 00:12:49 | 00:14:16 | 00:41:38 | 02:21:52 |
| 20 | Martin Alriksson | 15:00:00 | 0:00:00 | 9:27:26 | 00:27:26 | 00:01:09 | 00:21:01 | 00:20:23 | 00:20:25 | 01:01:49 | 00:00:46 | 00:13:04 | 00:13:29 | 00:13:37 | 00:40:10 | 02:11:20 |
| 21 | Henrik Blad | 15:00:00 | 0:00:00 | 9:31:12 | 00:31:12 | 00:00:54 | 00:21:24 | 00:21:10 | 00:21:29 | 01:04:03 | 00:00:46 | 00:13:10 | 00:13:03 | 00:12:52 | 00:39:05 | 02:16:00 |