

Glasrikets Running Club - Klubbmästerskap Triathlon 2016-06-28, Rismålagöl

1/3-dels Olympisk distans		SIMNING			CYKLING			LÖPNING				Plac	Antal
Plac	Startande	Start	In Trans 1	Ut Trans 1			In Trans 2	Ut Trans 2			Målgång	Plac	Antal
4	Kristina J	0:00:00	0:12:11	0:13:24			0:40:53	0:41:51			0:59:53	4	1
7	Yngve F	0:00:00	0:11:59	0:13:10			0:36:36	0:37:18			0:55:20	7	1
6	Krister H	0:00:00	0:11:25	0:13:10			0:38:30	0:39:19			0:54:45	6	1
3	Helena J	0:00:00	0:08:59	0:10:20			0:35:35	0:36:00			0:50:48	3	1
5	Emma D	0:00:00	0:13:05	0:14:40			0:43:54	0:44:53			1:13:04	5	1
3	Philip T	0:00:00	0:08:32	0:10:50			0:35:36	0:35:49			0:52:43	3	1
2	Asa F	0:00:00	0:09:30	0:10:55			0:34:00	0:34:24			0:49:41	2	1
8	Janne A	0:00:00	0:10:47	0:12:24			0:37:00	0:38:15			0:55:51	8	1
4	Torsten K	0:00:00	0:11:06	0:13:12			0:36:40	0:37:24			0:52:50	4	1
1	Lena J	0:00:00	0:09:49	0:10:50			0:32:33	0:33:01			0:47:11	1	1
5	Joakim F	0:00:00	0:10:04	0:11:15			0:34:55	0:35:49			0:53:40	5	1
1	Stefan L	0:00:00	0:08:25	0:09:30			0:31:34	0:32:05			0:44:48	1	1
2	Henrik	0:00:00	0:09:45	0:10:40			0:34:13	0:34:55			0:48:50	2	1

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Olympisk distans		SIMNING			CYKLING			LÖPNING				Plac	Antal
Plac	Startande	Start	In Trans 1	Ut Trans 1	Varv 1	Varv 2	In Trans 2	Ut Trans 2	Varv 1	Varv 2	Målgång	Plac	Antal
7	Jakob J	0:00:00	0:27:04	0:28:14	0:51:25	1:15:02	1:38:47	1:40:28	1:55:48	2:11:46	2:28:51	7	1
5	Simon W	0:00:00	0:29:07	0:31:05	0:53:20	1:15:33	1:37:43	1:38:50	1:54:03	2:09:46	2:25:06	5	1
9	Patrik K	0:00:00	0:22:04	0:24:00	0:47:22	1:11:08	1:35:20	1:36:20	1:54:52	2:14:27	2:35:22	9	1
0	Patrik L	0:00:00	0:00:00	0:00:00									1
1	Stefan T	0:00:00	0:22:56	0:23:52	0:45:30	1:06:51	1:28:38	1:28:58	1:43:00	1:57:39	2:12:23	1	1
3	Stefan P	0:00:00	0:27:31	0:28:14	0:48:38	1:09:04	1:29:50	1:30:16	1:44:54	2:00:22	2:15:36	3	1
10	Pär M	0:00:00	0:26:08	0:27:20	0:50:28	1:13:13	1:36:12	1:37:12	1:56:09	2:16:11	2:35:40	10	1
6	Anders S	0:00:00	0:29:01	0:30:25	0:52:40	1:15:46	1:38:44	1:39:38	1:55:33	2:11:20	2:27:19	6	1
7	Lars-Olof L	0:00:00	0:35:17	0:37:00	0:59:26	1:22:00	1:45:15	1:46:27	2:01:28	2:16:48	2:32:22	7	1
2	Mattis P	0:00:00	0:26:25	0:27:10	0:48:36	1:10:04	1:31:51	1:32:18	1:45:56	1:59:26	2:13:12	2	1
	Mårten J	0:00:00	0:27:32	0:28:40	0:51:37	1:14:54	1:38:44	1:39:11					1
	Ewa J	0:00:00	0:30:12	0:31:45	0:57:07	1:22:19	1:48:50	1:48:50	2:04:20	2:20:22	2:36:17	2	1
	Sam L	0:00:00	0:34:00	0:36:20	1:02:29	1:28:20	1:54:42	1:56:27	2:12:12	2:29:13	2:45:15	11	1
	Julia L	0:00:00	0:23:02	0:23:49	0:47:03	1:10:42	1:34:43	1:35:14	1:49:26	2:03:29	2:17:47	1	1
	Markus A	0:00:00	0:26:17	0:29:53	0:52:50	1:16:38	1:40:34	1:41:35	1:54:05	2:07:17	2:20:26	4	1
	Johan L	0:00:00	0:26:30	0:28:10	0:50:49	1:13:11	1:35:46	1:36:12	1:53:31	2:13:53	2:33:47	8	1

Delmoment		Trans 1		Trans 2		Totalt	
Simning		CYKLING		LÖPNING			
Kristina J	00:12:11	00:01:13		00:27:29	00:00:58	00:18:02	00:59:53
Yngve F	00:11:59	00:01:11		00:23:26	00:00:42	00:18:02	00:55:20
Krister H	00:11:25	00:01:45		00:25:20	00:00:49	00:15:26	00:54:45
Helena J	00:08:59	00:01:21		00:25:15	00:00:25	00:14:48	00:50:48
Emma D	00:13:05	00:01:35		00:29:14	00:00:59	00:28:11	01:13:04
Philip T	00:08:32	00:02:18		00:24:46	00:00:13	00:16:54	00:52:43
Asa F	00:09:30	00:01:25		00:23:05	00:00:24	00:15:17	00:49:41
Janne A	00:10:47	00:01:37		00:24:36	00:01:15	00:17:36	00:55:51
Torsten K	00:11:06	00:02:06		00:23:28	00:00:44	00:15:26	00:52:50
Lena J	00:09:49	00:01:01		00:21:43	00:00:28	00:14:10	00:47:11
Joakim F	00:10:04	00:01:11		00:23:40	00:00:54	00:17:51	00:53:40
Stefan L	00:08:25	00:01:05		00:22:04	00:00:31	00:12:43	00:44:48
Henrik	00:09:45	00:00:55		00:23:33	00:00:42	00:13:55	00:48:50
0	00:00:00	00:00:00		00:00:00	00:00:00	00:00:00	00:00:00

Delmoment		Trans 1		Trans 2		Totalt							
Simning		CYKLING		LÖPNING									
	Varv 1	Tot	Varv 1	Varv 2	Varv 3	Tot							
Jakob J	00:27:04	00:27:04	00:01:10	00:23:11	00:23:37	00:23:45	01:10:33	00:01:41	00:15:20	00:15:58	00:17:05	00:48:23	02:28:51
Simon W	00:29:07	00:29:07	00:01:58	00:22:15	00:22:13	00:22:10	01:06:38	00:01:07	00:15:13	00:15:43	00:15:20	00:46:16	02:25:06
Patrik K	00:22:04	00:22:04	00:01:56	00:23:22	00:23:46	00:24:12	01:11:20	00:01:00	00:18:32	00:19:35	00:20:55	00:59:02	02:35:22
Patrik L	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00	00:00:00
Stefan T	00:22:56	00:22:56	00:00:56	00:21:38	00:21:21	00:21:47	01:04:46	00:00:20	00:14:02	00:14:39	00:14:44	00:43:25	02:12:23
Stefan P	00:27:31	00:27:31	00:00:43	00:20:24	00:20:26	00:20:46	01:01:36	00:00:26	00:14:38	00:15:28	00:15:14	00:45:20	02:15:36
Pär M	00:26:08	00:26:08	00:01:12	00:23:08	00:22:45	00:22:59	01:08:52	00:01:00	00:18:57	00:20:02	00:19:29	00:58:28	02:35:40
Anders S	00:29:01	00:29:01	00:01:24	00:22:15	00:23:06	00:22:58	01:08:19	00:00:54	00:15:55	00:15:47	00:15:59	00:47:41	02:27:19
Lars-Olof L	00:35:17	00:35:17	00:01:43	00:22:26	00:22:34	00:23:15	01:08:15	00:01:12	00:15:01	00:15:20	00:15:34	00:45:55	02:32:22
Mattis P	00:26:25	00:26:25	00:00:45	00:21:26	00:21:28	00:21:47	01:04:41	00:00:27	00:13:38	00:13:30	00:13:46	00:40:54	02:13:12
Mårten J	00:27:32	00:27:32	00:01:08	00:22:57	00:23:17	00:23:50	01:10:04	00:00:27	#####	00:00:00	00:00:00	#####	00:00:00
Ewa J	00:30:12	00:30:12	00:01:33	00:25:22	00:25:12	00:26:31	01:17:05	00:00:00	00:15:30	00:16:02	00:15:55	00:47:27	02:36:17
Sam L	00:34:00	00:34:00	00:02:20	00:26:09	00:25:51	00:26:22	01:18:22	00:01:45	00:15:45	00:17:01	00:16:02	00:48:48	02:45:15
Julia L	00:23:02	00:23:02	00:00:47	00:23:14	00:23:39	00:24:01	01:10:54	00:00:31	00:14:12	00:14:03	00:14:18	00:42:33	02:17:47
Markus A	00:26:17	00:26:17	00:03:36	00:22:57	00:23:48	00:23:56	01:10:41	00:01:01	00:12:30	00:13:12	00:13:09	00:38:51	02:20:26
Johan L	00:26:30	00:26:30	00:01:40	00:22:39	00:22:22	00:22:35	01:07:36	00:00:26	00:17:19	00:20:22	00:19:54	00:57:35	02:33:47