

Glasrikets Running Club - Klubbmästerskap Triathlon 2020-06-16, Rismålagöl

1/3-dels Olympisk distans		SIMNING			CYKLING			LÖPNING			Plac	Antal
Plac	Start nr	Namn	Start	In Trans 1	Ut Trans 1	In Trans 2	Ut Trans 2	Målgång	Plac	Antal		
h2		Staffan Berg	00:00:00	00:10:46	00:11:57		00:35:20	00:35:59		h2		
h5		Magnus Andersson	00:00:00	00:13:13	00:14:47		00:39:45	00:40:54		h5		
h3		David Turesson	00:00:00	00:11:30	00:13:12		00:37:00	00:37:56		h3		
h1		Theo Franzén	00:00:00	00:09:52	00:11:17		00:33:19	00:33:47		h1		
h4		Pierre Phillipsson	00:00:00	00:11:15	00:12:15		00:36:29	00:37:18		h4		
d1		Elin Gruvhagen	00:00:00	00:11:29	00:13:04		00:37:03	00:37:37		d1		
d2		Maria Idosdotter	00:00:00	00:14:16	00:15:53		00:42:19	00:42:37		d2		
0			00:00:00									
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Olympisk distans		SIMNING			CYKLING			LÖPNING			Plac	Antal	
Plac	Startande	Start	In Trans 1	Ut Trans 1	Varv 1	Varv 2	In Trans 2	Ut Trans 2	Varv 1	Varv 2	Målgång	Plac	Antal
7	Jesper Franzen	00:00:00	00:35:48	00:38:18	01:03:42	01:29:53	01:57:33	01:59:00	02:17:55	02:36:56	02:56:05	7	
4	Patrik Axelsson	00:00:00	00:39:17	00:40:57	01:03:40	01:26:35	01:50:59	01:53:30	02:08:14	02:23:13	02:38:46	4	
6	Roger Emilsson	00:00:00	00:44:02	00:46:47	01:11:17	01:35:47	02:00:57	02:02:23	02:19:19	02:36:58	02:54:47	6	
5	Jimmy Liliegren	00:00:00	00:33:53	00:36:53	01:01:51	01:27:28	01:53:48	01:55:54	02:12:40	02:29:19	02:46:05	5	
2	Stefan Lövhede	00:00:00	00:25:43	00:26:59	00:49:13	01:10:17	01:32:56	01:33:32	01:46:53	02:00:56	02:15:18	2	
1	Mattis Petersson	00:00:00	00:27:05	00:28:15	00:47:44	01:10:10	01:31:26	01:32:10	01:45:33	01:58:51	02:12:29	1	
3	Ted Andersson	00:00:00	00:27:32	00:30:15	00:54:47	01:19:44	01:44:50	01:45:38	02:03:58	02:21:26	02:38:14	3	
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Delmoment

	Simning		Trans 1	CYKLING				Trans 2	LÖPNING		Totalt
Staffan Berg	00:10:46		00:01:11				00:23:23	00:00:39		00:13:58	00:49:57
Magnus Andersson	00:13:13		00:01:34				00:24:58	00:01:09		00:17:02	00:57:56
David Turesson	00:11:30		00:01:42				00:23:48	00:00:56		00:16:19	00:54:15
Thed Franzén	00:09:52		00:01:25				00:22:02	00:00:28		00:15:35	00:49:22
Pierre Phillipsson	00:11:15		00:01:00				00:24:14	00:00:49		00:17:27	00:54:45
Elin Gruvhagen	00:11:29		00:01:35				00:23:59	00:00:34		00:14:56	00:52:33
Maria Idosdotter	00:14:16		00:01:37				00:26:26	00:00:18		00:18:16	01:00:53

Simning min/100m	Cykel km/h	Löpning min/km
2m 9s	34,2	4m 11s
2m 38s	32,0	5m 6s
2m 18s	33,6	4m 53s
1m 58s	36,3	4m 40s
2m 15s	33,0	5m 14s
2m 17s	33,3	4m 29s
2m 51s	30,3	5m 29s

Delmoment

	Simning		Trans 1	CYKLING				Trans 2	LÖPNING				Totalt
	Varv 1	Tot		Varv 1	Varv 2	Varv 3	Tot		Varv 1	Varv 2	Varv 3	Tot	
Jesper Franzen	00:35:48	00:35:48	00:02:30	00:25:24	00:26:11	00:27:40	01:19:15	00:01:27	00:18:55	00:19:01	00:19:09	00:57:05	02:56:05
Patrik Axelsson	00:39:17	00:39:17	00:01:40	00:22:43	00:22:55	00:24:24	01:10:02	00:02:31	00:14:44	00:14:59	00:15:33	00:45:16	02:38:46
Roger Emilsson	00:44:02	00:44:02	00:02:45	00:24:30	00:24:30	00:25:10	01:14:10	00:01:26	00:16:56	00:17:39	00:17:49	00:52:24	02:54:47
Jimmy Lillegren	00:33:53	00:33:53	00:03:00	00:24:58	00:25:37	00:26:20	01:16:55	00:02:06	00:16:46	00:16:39	00:16:46	00:50:11	02:46:05
Stefan Lövhede	00:25:43	00:25:43	00:01:16	00:22:14	00:21:04	00:22:39	01:05:57	00:00:36	00:13:21	00:14:03	00:14:22	00:41:46	02:15:18
Mattis Petersson	00:27:05	00:27:05	00:01:10	00:19:29	00:22:26	00:21:16	01:03:11	00:00:44	00:13:23	00:13:18	00:13:38	00:40:19	02:12:29
Ted Andersson	00:27:32	00:27:32	00:02:43	00:24:32	00:24:57	00:25:06	01:14:35	00:00:48	00:18:20	00:17:28	00:16:48	00:52:36	02:38:14

Simning min/100m	Cykel km/h	Löpning min/km
2m 23s	30,3	5m 42s
2m 37s	34,3	4m 31s
2m 56s	32,4	5m 14s
2m 15s	31,2	5m 1s
1m 42s	36,4	4m 10s
1m 48s	38,0	4m 1s
1m 50s	32,2	5m 15s